

Child Care Badge



Otter (Do 4 requirements including the 2 starred)

_____1.* Learn how to “child proof” a room. Look for items that small children can choke on, unstable items they may pull down, open electrical plugs, cleaners, medications, or other poisonous items within reach, etc. Point out to an adult possible safety hazards to small children.

_____2.* Help an adult take care of children younger than you for at least an hour. Examples might include helping in a Sunday School class or nursery, a daycare, or caring for younger siblings. You should take on as much responsibility as possible for the children’s entertainment

_____3. Put together a list of games and activities that you might use to entertain a younger child. What types of activities are appropriate for infants verses toddlers?

_____4. Fix a healthy snack for a child younger than you. Make sure you have an adult’s permission before you begin.

_____5. Learn the proper way to hold and carry a baby. Learn how various baby restraints operate including those on a high chair, swing, bouncy seat, and car seat.

_____6. Put together a “rainy days activity box” to keep young children busy indoor. Include supplies for at least 6 activities. Give the box to a family with small children.

Dolphin (Do 5 requirements including the 2 starred)

_____1.* Learn how to “child proof” a room. Look for items that small children can choke on, unstable items they may pull down, open electrical plugs, cleaners, medications, or other poisonous items within reach, etc. Point out to an adult possible safety hazards to small children.

Help an adult take care of children younger than you for at least 6 hours (time can be broken into one hour increments.) Examples might include helping in a Sunday School class or nursery, a daycare, or caring for younger siblings. You should take on as much responsibility as possible for the children’s entertainment and care.

_____2.* Roll play making 911 calls. Learn to stay calm, state the problem, the age of the child, the address where you are, and the nearest cross street.

_____3. Learn the proper way to hold, feed, dress, and carry a baby. Learn how various baby restraints operate including those on a high chair, swing, bouncy seat, and car seat.

_____3. A baby-sitter needs a lot of information before being left alone with young children. Create a form that can be used by parents to inform their sitters of important information. Your form should include the following:

Parent’s Names

A phone number where they can be reached or alternate persona to call in an emergency.

Home Address and phone number

Nearest cross street

Emergency Numbers or 911

Doctor’s phone number

Any allergies

Special care instructions (feedings, bedtime routines, favorite toys, etc.)

Give your form to your parents to use when they need a sitter.

_____4. Children are capable of different things at different ages. Create a chart that shows what kids can do at each of the following ages:

- 0-6 months
- 6-12 months
- 12-18 months
- 18-24 months
- 2 years
- 3 years
- 4 years
- 5 years

_____5. Read to a younger child for at least 1 hour (time can be broken into increments.)

_____6. Put together a "Restaurant Survival Kit" for a family with small children. Find a small box and place things inside such as crayons, a small notepad, a mini Etch-A-Sketch, small plastic animals, etc. Stay away from things like balls or cars that can roll off the table.

_____7. Learn the proper way to change a diaper. How should diapers be disposed of? What are the advantages/disadvantages of cloth diapers versus disposable diapers.

Butterfly (Do 6 requirements including the 2 starred)

_____1.* Complete the Red Cross babysitter training course or the equivalent.

_____2.* Perform at least 6 child care jobs, where you are the sole care taker of the child/children. Make sure to "child proof" the rooms you will be using. Look for items that small children can choke on, unstable items they may pull down, open electrical plugs, cleaners, medications, or other poisonous items within reach, etc. Point out to an adult possible safety hazards to small children.

_____3. Offer to baby sit for at least 3 hours free of charge to a mother in need.

_____4. Become familiar with local, state, and federal laws that protect children. Find out what you should do if you suspect child abuse.

_____5. Watch at least 5 different children's TV shows. Write a review of each explaining why you think it is a positive or negative influence on young children. Consider educational value, moral value, creativity, and entertainment.

_____6. Create a file of songs, games, finger plays, and stories that young children enjoy. You can even include simple crafts. Keep adding to your file and use these ideas when you baby sit.

_____7. Compare 2 types of toys today to what children played with 20 years ago, 40 years ago, and 60 years ago. What changes do you see as technology advances? What type of toys do you think your children will be playing with? Design a toy for the future.

_____8. Volunteer to help with the child care at a community event at your local school, church, library, or other site.

Eagle (Do 7 requirements including the 2 starred)

- _____1.* Complete the Red Cross babysitter training course of the equivalent.
- _____2.* Perform at least 10 child care jobs, where you are the sole care taker of the child/children. Make sure to “child proof” the rooms you will be using. Look for items that small children can choke on, unstable items they may pull down, open electrical plugs, cleaners, medications, or other poisonous items within reach, etc. Point out to an adult possible safety hazards to small children.
- _____3. Offer to baby sit for at least 6 hours free of charge to a mother in need.
- _____4. Create a “Babysitting Club” with friends or other girls in your troop. Create a brochure to advertise your group’s services and contact information. Meet regularly to exchange ideas and tips.
- _____5. Create a recreation guidebook of your town for parents with young children. Include local parks and playgrounds, children’s museums, festivals, gyms or roller rinks that allow small children (be sure to include age requirements when necessary.)
- _____6. What colleges or agencies in your town offer courses for day-care providers. Learn what requirements you need to do to become a professional day-care provider. What courses do you need to take? Do they require any certification? What are the local requirements for running a daycare out of your home?
- _____7. Visit both an institutional day-care and an in-home day-care. What are the differences? Compare the ratio of adults to children, meals served, toys and entertainment available, educational activities, cleanliness, etc. What routines do they follow? Interview at least one worker from each and find out why they chose this form of day-care.
- _____8. Interview a full time work outside the home mother, a part-time work outside the home mother, a work at home mom, and a full time stay at home mother. What child care arrangements do they each have? What roles do fathers, grandparents, or other family members play in caring for the children? Ask about the advantages and disadvantages of each type of child care.
- _____9. Develop a client list of people for whom you baby sit. Include the parent’s names, children’s names and ages, address, phone number, and any special information you need to remember such as allergies or medications. Create a babysitting bag that includes emergency phone numbers, a flashlight, band aids, a little money in case of emergency, and a special book or game for the children to play.

