

Sewing badge



Otter: Do 4 requirements including the 2 starred

_____ 1.* Identify and describe the uses of these sewing tools:

- scissors, measuring tape, pinking shears, pins, needles, seam ripper, pin cushion, and thimble.

Also identify these sewing materials and describe how they would be used:

- fabric (both knit and woven), thread, Velcro, felt, stuffing, patterns, and accessories such as buttons, snaps, zippers, and hooks and eyes.

_____ 2.* Using hand sewing make a small pillow, bean bag, sachet, or stuffed toy. (Using old clothes such as t-shirts or jeans can be a great source of material for these projects.)

_____ 3. Learn to sew on a button.

_____ 4. Learn at least 3 different embroidery stitches and use them to embellish something.

_____ 5. Sew something for you to wear like a simple gathered skirt.

_____ 6. Use a sewing machine to make a small pillow, bean bag, sachet, or stuffed toy.

Dolphin: Do 5 requirements including the 2 starred

_____ 1.* Do Otter requirements #1 & #2.

_____ 2.* Identify parts of a sewing machine and demonstrate the following:

- winding thread onto a bobbin and inserting it into its holder.
- threading the machine
- putting the presser foot up and down, and telling when it should be in each position.
- stitching a straight line.
- stitching a curved line.
- stitching a right angle corner.
- laying a pattern on some fabric and cutting out the project.

_____ 3. Using a sewing machine, make a simple item such as a tote bag, draw-string bag, vest, or apron.

_____ 4. Learn how to measure for and make a window valance or curtain.

_____ 5. Sew something for you to wear.

_____ 6. Learn to sew on a button, a snap, a hook and eye closure, and a zipper.

_____ 7. Learn at least 3 different embroidery stitches and use them to embellish something. If you did this requirement at a lower level, you must learn 3 new stitches.

_____ 8. Sew something you can use for home décor such as a decorative pillow for your bed, chair covers, or a bed skirt.

_____ 9. Learn how to sew from a pattern. Choose a pattern and make something for yourself to wear.

Butterfly: Do 6 requirements including the 2 starred

_____ 1.* Do Dolphin requirements #1 & #2

_____ 2.* Demonstrate the following kinds of hand sewing stitches, and explain when each would be used:

- basting, whip stitch, blind hem, sewing on a button, snap, or hook and eye.

_____ 3. Learn how to measure for and make a window valance or curtain.

_____ 4. With adult supervision, learn how to use an iron. Discuss what are appropriate temperatures for certain fabrics. Press five simple things such as a handkerchief, a tea towel, a pillowcase, etc. Why is learning to iron important in sewing?

_____ 5. Using a sewing machine, make a simple item such as a tote bag, draw-string bag, vest, skirt, or apron

_____ 6. Sew something using recycled material. You might choose to make a purse out of an old pair of jeans, or a skirt out of discarded neckties. Be creative!

_____ 7. Learn to sew on a button, a snap, a hook and eye closure, and a zipper. (If you did this requirement at a lower level, pick a different requirement.)

_____ 8. Learn at least 3 different embroidery stitches and use them to embellish something. If you did this requirement at a lower level, you must learn 3 new stitches.

_____ 9. Sew something you can use for home décor such as a decorative pillow for your bed, chair covers, or a bed skirt.

_____ 10. Learn how to sew from a pattern. Choose a pattern and make something for yourself to wear.

Eagle: Do 7 requirements including the 2 starred

_____ 1.* Do Butterfly requirements #1 & #2.

_____ 2.* Be able to define the following sewing terms:

Clean finishing, back tack, darts, give, nap, notches, basting, test seam, top stitching, appliqué, bar tack, batting, bias., bias tape, bodice, blanket stitch, casing, drape, embellish, fusible, gather, hem, inseam, interfacing, notions, pleat, seam allowance, selvage,

_____ 3. Using pattern stitches available on your sewing machine and colored thread, embellish something you own.

_____ 4. With adult supervision, learn how to use an iron. Discuss what are appropriate temperatures for certain fabrics. Press five simple things such as a handkerchief, a tea towel, a pillowcase, etc. Why is learning to iron important in sewing?

_____ 5. Learn how to measure for and make a window valance or curtain.

_____ 6. Sew something using recycled material. You might choose to make a purse out of an old pair of jeans, or a skirt out of discarded neckties. Be creative!

- _____ 7. Learn to sew on a button, a snap, a hook and eye closure, and a zipper. (If you did this requirement at a lower level, pick a different requirement.)
- _____ 8. Learn at least 3 different embroidery stitches and use them to embellish something. If you did this requirement at a lower level, you must learn 3 new stitches.
- _____ 9. Sew something you can use for home décor such as a decorative pillow for your bed, chair covers, or a bed skirt.
- _____ 10. Learn how to sew from a pattern. Choose a pattern and make something for yourself to wear.
- _____ 11. Help sew useful items such as lap robes, quilts, winter garments, etc. for a charity. If you can't sew well enough to actually make your chosen project, spend a couple hours serving drinks to the workers or pressing seams & threading needles at a charitable sewing bee.
- _____ 12. Learn to adjust or combine patterns. Take a collar, sleeve or skirt from one pattern and put it together with another pattern OR use a pattern that needs to be enlarged or taken in to fit the person for whom you are sewing. Be sure to get experienced help if needed, rather than make a mistake that wastes fabric.
- _____ 13. Learn to embellish or change the design of a garment while still following the basic pattern such as adding trims not suggested by the pattern, changing fabric, or adding a lace or voile overlay.
- _____ 14. Identify and learn to use frog closures, blanket binding, lace Velcro, and hardware for purses and belts.
- _____ 15. Learn to identify various types of fabric by design, weave, or fiber content.

