

Sports

A separate badge may be earned for each sport. Some examples are listed at the end of the badge.



Otters - Do 4 requirements including the 2 starred

_____1.* Learn the rules of your sport and be able to explain them to others. Find at least 3 good drills that can be used to practice skills needed in your sport and try them out.

_____2*. Know how to properly select the equipment and attire for your sport as well as how to properly care and store your equipment.

_____3. What type of competitions and tournaments are connected to your sport? Is this a sport you can compete in locally? In what countries is your sport most popular?

_____4. Know the safety rules for you sport and learn the first aid necessary to treat the most common injuries.

_____5. If your sport is a team sport, list 3 characteristics that make a good team member. If your sport is an individual sport, list 3 things that help keep you motivated and focused.

_____6. Make a poster about what good sportsmanship means to you.

Dolphins - Do 5 requirements including the 2 starred

_____1.* Learn the rules of your sport and be able to explain them to others. Find at least 5 good drills that can be used to practice skills needed in your sport and master them. Know how to properly select the equipment and attire for your sport as well as how to properly care and store your equipment.

_____2*. Know the safety rules for your sport and learn the first aid necessary to treat the most common injuries. What type of competitions and tournaments are connected to your sport? Is this a sport you can compete in locally? In what countries is your sport most popular?

_____3. Take part in some form of competition of your sport.

_____4. Learn the vocabulary for your sport. Know the names of different types of movement, scoring, field or court components, etc.

_____5. Make a poster about what good sportsmanship means to you.

_____6. Spend at least 2 hours showing younger children how to play your sport.

_____7. Watch a professional competition of your sport either in person or on TV.

Butterfly - Do 6 requirements including the 2 starred.

_____1.* Learn the rules of your sport and be able to explain them to others. Find at least 7 good drills that can be used to practice skills needed in your sport and master them.

Know how to properly select the equipment and attire for your sport as well as how to properly care and store your equipment.

Know the safety rules for your sport and learn the first aid necessary to treat the most common injuries.

What type of competitions and tournaments are connected to your sport? Is this a sport you can compete in locally? In what countries is your sport most popular?

_____ 2.* Take part in some form of competition of your sport on at least 3 different occasions.

_____ 3. Help plan and run a competition in your sport

_____ 4. Officiate as a referee, umpire, timekeeper, scorekeeper, etc for a competitive event in your sport.

_____ 5. Watch a professional competition of your sport either in person or on TV.

_____ 6. Create a booklet for younger girls explaining how to play your sport.

_____ 7. Find out about at least one professional female athlete in your sport. Who is she? Where is she from? What makes her an outstanding athlete? Write a brief article of your findings to share with your troop.

_____ 8. Write an essay on what good sportsmanship means to you.

Eagle - Do at least 7 requirements including the 2 starred

_____ 1.* Learn the rules of your sport and be able to explain them to others. Find at least 10 good drills that can be used to practice skills needed in your sport and master them.

Know how to properly select the equipment and attire for your sport as well as how to properly care and store your equipment.

Know the safety rules for your sport and learn the first aid necessary to treat the most common injuries.

What type of competitions and tournaments are connected to your sport? Is this a sport you can compete in locally? In what countries is your sport most popular?

Take part in some form of competition of your sport on at least 3 different occasions.

_____ 2.* Find out about at least one professional female athlete in your sport. Who is she? Where is she from? What makes her an outstanding athlete? Write a brief article of your findings to share with your troop.

_____ 3. Officiate as a referee, umpire, timekeeper, scorekeeper, etc for a competitive event in your sport.

_____ 4. Watch a professional competition of your sport either in person or on TV at least 3 times.

_____ 5. Spend at least 4 hours teaching younger children how to play your sport.

_____ 6. Write an essay on what good sportsmanship means to you.

_____7. Research organizations in your area that promote this sport. Put together an information sheet for people who wish to participate in this sport in your area. Include the contact information for local organizations, parks, courts, etc. that can be used to play this sport, stores that sell equipment for your sport, etc.

_____8. Help plan and run a competition in your sport

_____9. Are there scholarships available for your sport? If so, to which universities? Find out what they are looking for in their athletes and what agreements are made upon accepting a scholarship.

List of possible sports badge (this list is not complete)

Baseball	
Softball	
Cricket	
Basketball	
Soccer	Tetherball
Bowling	Wrestling
Skiing	Ping Pong
Skating	Polo
Lacrosse	Rowing
Football	Waterskiing
Flag Football	
Tennis	
Racquetball	
Martial Arts	
Golf	
Volleyball	
Swimming	
Water Polo	
Synchronized Swimming	
Skateboarding	
Snowboarding	
Surfing	
Dodgeball	
Kickball	
Frisbee	
Disc Golf	
Gymnastics	
Hockey	
Handball	
Squash	
Track & Field	
Weight Lifting	
Cycling	